



## Supplies

- Bible
- play dough

# I Wonder...

Remember this part of the Bible story?



Read aloud Psalm 23:4.

David knew that when he was in a low or scary place, God was with him.

**?** So I wonder...why was David scared in the valley?

A valley is a lower area of land, often between two mountains. Let's make a picture of that with play dough.

Give everyone play dough and time to sculpt two mountains with a valley between them.

When you're down in a valley, you can feel small and even trapped. The valley David was talking about probably wasn't a physical mountain valley but was a way to describe how he was feeling—low, scared, or anxious.

Share a kid-friendly example of a time you felt like you were in a dark valley in life.

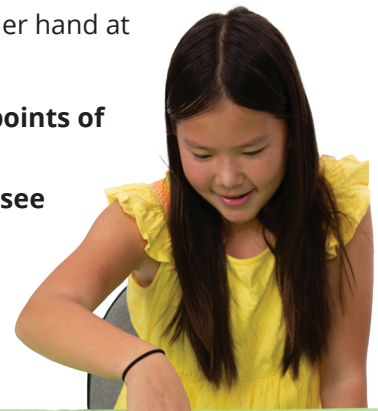
**?** What do you think of as dark valleys in life? Invite responses.

When we feel like we're in a valley (have everyone walk two fingers through their play dough valley), we can trust God because he sees what's ahead (have everyone place two fingers of their other hand at the top of one of the mountains).

**?** What do you notice is different about the points of view in the valley and on the mountain?

**?** How can we lean on God and what he can see when we're feeling low or scared?

We can always talk with God, tell him how we're feeling, ask questions, and ask for help. **God hears our prayers.** (Amen!) And we can trust God—who sees it all—to lead us through any valley in life.





## Supplies

- brightly colored paper
- dark-colored crayons
- pens with caps
- scissors (1 per Connect Crew Guide)

# Make It Real

Today we're discovering that **God hears our prayers...and guides us.** (*Amen!*) Even when David was afraid, he knew that God was there to guide him. Let's make this truth a little more real in our own lives.

- Give each Connect Crew Guide paper, a pair of scissors, and some crayons. Have the Crew Guides cut a roughly 4x4-inch square of paper for each Crew member.
- Have everyone color their entire paper square with a crayon, pushing down hard to apply a thick layer of crayon wax.

**These dark colors we're putting on the paper represent fear, worry—when we feel uneasy or scared.**

- ❓ **What's a fear you have?** Share a kid-friendly example of your own, such as a fear of not fitting in. Then invite a few responses from everyone.
- Give everyone a pen.
- Tell them to pull the caps from the pens and then use the end of the cap to carve a word or a drawing of their fear into the crayon wax.
- Point out the bright color coming through the dark.

**Just like the bright color shows through the fear on your paper, God's power and goodness, his light, shines in dark times—times we feel afraid.**

- ❓ **Knowing this about God, what can you do the next time you're feeling afraid?**

We can ask God for help and peace. **God hears our prayers** (*Amen!*)...and guides us through dark or scary times.





# **THIS IS A SAMPLE**

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