QUARTER 2

two or more

Small Church Curriculum for Kids™

LEADER GUIDE

Only Preschoolers Ages 3-5



Small Church Curriculum for Kids™

Leader GuideOnly Preschoolers



Group resources really work!

This Group resource incorporates our R.E.A.L. approach to ministry. It reinforces a growing friendship with Jesus, encourages long-term learning, and results in life transformation, because it's:

Relational

Person-to-person interaction enhances spiritual growth and builds Christian friendships.

Experiential

What we experience through action and discussion sticks with us up to 9 times longer than what we simply hear or read.

Applicable

The aim of ministry is to equip people to be both hearers and doers of God's Word.

Lifelong

Experiences transform the heart, moving faith beyond the walls of church and into everyday life for years to come.

Two or More™

Small Church Curriculum for Kids™

Only Preschoolers

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We're Spot and Dot, and we're going to help you as you lead kids through these Bible lessons.



Is Christmas or Easter coming up? You can access your free digital holiday lessons in the Digital Download Center.

Welcome



WELCOME TO TWO OR MORE

The children's curriculum specially designed for small churches!

Small Churches Rock!

We see you, small churches. And we love you!

For too long, you've had to adapt curriculums that are geared for big groups of kids, or that felt like big productions—when you have totally different needs and strengths.

And that's why we created Two or More—to help you shine!

With Two or More, you can rest assured that every lesson is designed just for you. Every lesson will...

- be simply laid out and easy to follow—easy to glance at quickly to maintain eye contact with kids
- · be geared for smaller groups of kids
- help you capitalize on your greatest strength: your ability to foster relationships

...all while helping kids know Jesus and build lifelong faith!

Here's a fact: one of the greatest emotional needs kids have is to feel *seen*, *known*, and *loved*. To have that sense of "I belong here" and "people would notice if I weren't here."

Those needs can be hard for big churches to fill. It takes a lot of intentionality for big churches to create small groups and make every child feel like he or she has a place.

But for you? That's your greatest strength! When you have only a few kids, you can't help but connect with them! Every child who comes into your church is seen, known, and loved.

Maybe you've thought that unless you grow in number, your efforts are of limited value—like teaching only a few kids isn't really making a big impact. But consider this: Jesus loved small. Sure, he taught big crowds. But he really invested his time in a relationship with 12 followers. And even among them, he had three he mentored even more closely.

When a boy brought Jesus a small offering of fish and bread, Jesus made it work. When Jesus saw a mustard seed, he said that's what faith should be like. When one sheep went missing, he noticed—and cared a lot.

Jesus can do a lot with small.

HOW DOES IT WORK?

You may be wondering...will this really be age-appropriate for my preschoolers?

Yes!

Two or More ensures that every lesson is simple and applicable for preschoolers.

Here are the ingredients of our secret sauce to make lessons meaningful for preschoolers:

- **Simplicity.** Kids learn one easy-to-remember Bible point each week.
- **Discussion**. We help preschoolers process discoveries and share their own stories through simple, preschool-friendly questions.
- **Application.** We make sure preschoolers know *why* the Bible story matters to them with application that makes sense in a 3-year old's world.
- **Movement.** Because kids are moving, they're engaged, and you'll keep their short attention spans.
- **YOU.** Because you're there, loving every one of them, kids will walk away feeling seen, known, and loved.

Plus, you'll find that while each quarter of Two or More includes bite-size themes, you'll work through the Bible, both Old and New Testament, every year! This approach helps you give a strategic, thoughtful faith foundation to kids in your ministry.

We've curated the most small-church-friendly parts of Dig In curriculum, adapted it just for you, and designed it in a glanceable layout that you're sure to love.



TWO OR MORE LESSONS

So what can you expect as you dive into Two or More?

Check In

This section was designed to really hone in on the small church's ability to see and know kids. Each week, there's a general question about how kids are doing—a chance for them to share openly. And because you have only a few kids, there's time for *everyone* to share.

Set the Stage

To set the stage, you'll ask a more fun, imaginative question that helps kids gear up for the day's Bible point or story.

Experience the Bible

Kids won't sit passively and listen to you tell a Bible story. The Bible comes to life in an experiential way! With simple, effective experiences, kids get to unpack what happened in the Bible...and why that matters today.

Hands-On Discovery

We surveyed small churches and found that most of you love to do crafts or science experiments. In Hands-On Discovery, kids get their hands busy and make exciting crafts or see how science can point us to God. But these crafts and object lessons aren't merely busy work—they're intentional experiences geared toward discovery and life application.

Play a Game

Yes, you can play games! Even with mixed ages. Even with only two kids. You'll never see a game in Two or More that requires you to break into teams...because we know your small group may be a team! But we also know that kids love to play with you. So no matter how many kids you have, join in the fun to help build relationships! Plus, every game wraps up with questions that help kids make a connection to the Bible point.

Color and Create

Coloring sheets provide a visual preschoolers can enjoy and take home. These coloring sheets also include the Bible passage and a summary of what they learned, so parents can get a quick glance at what their kids are learning. Plus, some coloring sheets involve adding extra fun elements!

Pray Together

Of course, prayer is important! And this section models that by helping kids get involved in praying rather than simply hearing their teacher pray. With your smaller group, it's a great chance to give *every child* a turn to pray.

BONUS: Explore More

We know that some churches are pressed for time and may not even be able to use all the experiences above! But we also know that sometimes you have more than an hour to teach, and we want to make sure every moment counts. Your time with kids is limited and precious, so don't rely on disconnected games and activities to "fill time." Instead, use this intentional experience that furthers kids' exploration of the Bible point.

BONUS: Sing Together

We know that some small churches have kids in "big church" for worship and others don't. So if you need to incorporate worship music in your lesson, we've got you covered with all-included downloadable music videos and audio tracks in the Digital Download Center. Need a DVD? The Best of Dig In DVD, available at group.com, has all the same great songs you'll find online! If you do use media, this is a great opportunity to involve teenagers as leaders—most teens know a lot about technology!

Don't feel like you have to do *all* the options. With Two or More's one-point learning, you're guaranteed to cover the point of the lesson, no matter how far you get!



God Gives Ten Commandments

Exodus 20:1-21

Lesson

1



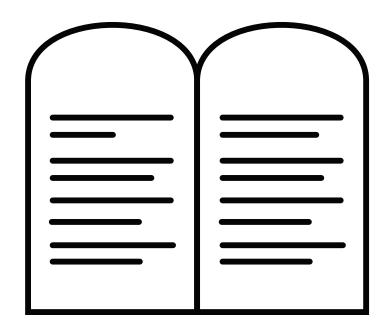
Teacher Background

What Happens: While Moses is up on a mountain listening to God, God gives him the Ten Commandments. These important instructions are more than just God handing down rules; they're guidelines to help his people live better lives. God doesn't want us to get hurt, so he gives us the Ten Commandments.

Why It Matters: Whether or not the kids in your class are familiar with the Ten Commandments, they'll definitely be familiar with rules. And most kids don't look favorably on rules. Help kids see that God's rules help us know how to live a better life.

Think About: Consider the Ten Commandments. How have you gotten hurt by disobeying them? How have things worked out better by obeying them?

Pray that God will help kids obey his rules for better living.





Point:

God doesn't want us to get hurt.



Key Verse:

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take."

Proverbs 3:5-6

QUICK TIP

Throughout the lesson, ask kids to listen to your requests and respond the first time you ask. For example, if you ask kids to clean up after a craft, move chairs, or organize supplies, expect them to comply right away. Compliment kids on their sharp "first time" listening skills and their quick response times. Tell kids that when they listen and respond promptly, it makes the class run better so everyone can have more fun.

This Lesson at a Glance

WHAT HAPPENS	KIDS DISCOVER		
CHECK IN Connect about the week.	The importance of friendships at church.		
SET THE STAGE Share about a topic related to the lesson.	The connection between their world and the Bible.		
EXPERIENCE THE BIBLE Talk about things that make them safe and see how God's rules keep them safe.	How God's rules help us know how to live.		
HANDS-ON DISCOVERY Make wearable armor.	How God's rules protect us.		
PLAY A GAME Try not to step on the floor.	That God's rules keep us safe.		
COLOR AND CREATE Color a picture of the Bible story.	What happened in the Bible story.		
PRAY TOGETHER Revisit the supplies from Experience the Bible and talk with God.	How God can help us follow his rules.		
EXPLORE MORE Experience how God's rules protect our relationships.	How disobeying can hurt our friendships.		
EXPLORE MORE Experience how God's rules protect our relationships. SING TOGETHER Sing worship songs together.	How to celebrate God.		

MINUTES	EASY SUPPLIES	EASY PREP	
5			
5			
10	☐ Bible ☐ blocks (at least 1 per child and 1 per adult) ☐ soft toys from around your room		
10	 □ 8½x11 sheets of card stock (2 per child) □ thin ribbon cut into approximately 15-inch lengths (2 per child) □ stickers □ hole punch 	☐ Punch 2 holes in each sheet of card stock.☐ Make a sample craft to show kids.	
10	□ small floor-covering "spots" (poly spot markers, carpet squares, or paper towels work well)	☐ Spread out the spots around the playing space, close enough for kids to step on to cross the room.	
10	☐ "God Gives Ten Commandments" Coloring Page (page 15) ☐ crayons		
5	□ blocks (at least 1 per child and 1 per adult) □ soft toys from around your room		
10	☐ sheet of 11x17 paper ☐ pencil ☐ scissors	☐ Make a paper-doll chain, following the instructions on page 17.	
10	□ worship music □ media player	□ Download songs from the Digital Download Center.	





- Thank kids for coming and have preschoolers show their goofiest faces to everyone around them.
- Make announcements and collect offering.
- Celebrate any birthdays by having preschoolers say "happy birthday" in a funny voice.

ASK: What do you want to tell everyone today? Share your own quick story first, and then let everyone share! For groups of more than six, have kids share in pairs so everyone has a turn to talk.

SAY: Today we'll learn that → God doesn't want us to get hurt.

ASK: Tell about a cut, bruise, or scar you have. Share your own quick story first, and then let everyone share!

SAY: Sometimes we make a choice that gets us hurt—like if we run into the street without looking both ways, it's very dangerous and we might get hurt. God doesn't want us to get hurt, so he gave us a few rules that will help keep us safe. We can read about them in the Bible. The Bible is God's special book.



EXPERIENCE THE BIBLE (10 MINUTES)



SUPPLIES

- Bible
- blocks (at least 1 per child and 1 per adult)
- · soft toys from around your room

Quick Tip

We tried to keep this lesson on the Ten Commandments very simple and age-appropriate for little ones. Preschoolers won't walk away being able to recite the Ten Commandments; rather they'll understand that God has special rules in place that help keep us safe because God loves us.



TALK ABOUT IT



Show the Bible.

SAY: God's plan to keep us safe is in the Bible. It's called the Ten Commandments. Commandments are sort of like rules.

ASK: What are some things that keep you safe? Examples include door locks, helmets, and life vests.

SAY: We do lots of things to keep us safe. God wants us to be safe, too. God gave his rules to a man named Moses. He even carved the rules into big pieces of stone so Moses and all the people could remember them.

BUILD WITH BLOCKS

SAY: The first (show one finger), second (show two fingers), third (show three fingers), and fourth (show four fingers) commandments tell us to make God the most important thing in our lives. We can show that God is the most important thing to us by remembering he's the *one* and *only* God.

Lead kids to show one finger.

SAY: We can show that God is important by loving him more than anyone or anything else. Have kids hug themselves.

SAY: And we can show that God is important to us by spending time with him and saying only good things about him to others.

Lead kids to nod "yes."

SAY: Let's do something to help us think about God being the most important thing to us.

Invite kids to take turns building a tower with the blocks. On each child's turn, have the child tell about something that's important or special to him or her.

After all the children have added at least one block, add the last block.

SAY: All the important and special things you shared are still important, but *God* wants to be even more important than all those things. When we put God at the very top, it helps keep us safe. God loves us so much, and God doesn't want us to get hurt.

FOLLOW THE LEADER

SAY: The next rules help us know how to treat others, like our friends, family, and neighbors. Let's practice each of these good rules, or commandments, now.

One commandment says to honor your father and mother. That means we listen to our mommies and daddies and we do what they say. Let's play a game to practice obeying now. Ready?

Lead kids in a quick game of Follow the Leader. Have them do simple things, such as raise their arms above their heads, hop, and wiggle their fingers.

SAY: When we obey our parents right away, that's a way to honor them. Another commandment tells us not to hurt others or steal from them. God wants us to be kind to others because he doesn't want us to get hurt. Let's practice doing the opposite of hurting by being kind to others.

Lead children in doing a series of kind things to others in the group—for example, giving hugs or high-fives, patting others on the back, or shaking hands.

Celebrate Small

In your smaller, more intimate group, kids will get a chance to show kindness to *everyone*!

TUG-OF-WAR

SAY: God's last commandment, or good rule, helps keep us safe, too. ➡ God doesn't want us to get hurt, so he tells us to be happy with what we have.

Give each child one of the soft objects you collected ahead of time.

SAY: You can all be happy with the things I gave you. God wants us to be happy with the things we have and not be upset about what others have.

If we're upset about what others have, it might cause us to have a fight with our friends.

Lead children in gently and playfully playing Tug-of-War with the items you gave them.

SAY: We were playing a silly game just now, but when we really want what others have, it hurts us. And \hookrightarrow **God doesn't want us to get hurt**. That's why God tells us to be happy with what we have.

Now we've learned all of God's commandments, or good rules, that help keep us safe.

God doesn't want us to get hurt.



HANDS-ON DISCOVERY (10 MINUTES)



SUPPLIES

- 8½x11 sheets of card stock (2 per child)
- thin ribbon cut into approximately 15-inch lengths (2 per child)
- stickers
- · hole punch

EASY PREP

- Punch 2 holes in each sheet of card stock.
- · Make a sample craft to show kids.

SAY: God loves us so much. That's why God gave us good rules to follow called the Ten Commandments. The Ten Commandments help keep us safe, just like a seat belt keeps us safe in the car or armor keeps a soldier safe. Armor is stuff soldiers sometimes wear to keep them from getting hurt.

Show preschoolers the sample craft.

SAY: We're going to make this cool armor today to remind us that God doesn't want us to get hurt.

- · Give each preschooler two sheets of card stock.
- Let preschoolers decorate one side of each sheet of card stock using stickers.
- As kids work, encourage them to think of rules they follow that keep them from getting hurt.
- Once preschoolers have finished decorating each sheet, help them place one of the pieces of card stock on top of the other with the decorated sides facing out and the holes lined up.
- Help preschoolers thread a length of ribbon through each set of overlapping holes and then tie a knot in each ribbon so that the sheets of card stock are connected by big loops.
- Then help each preschooler put on the armor by placing it over his or her head, with one sheet of card stock in front, one sheet behind, and the ribbon acting as shoulder straps.

SAY: Just like armor keeps soldiers safe, God's rules help keep us from getting hurt in life. God doesn't want us to get hurt.





WALK ON SPOTS

SAY: Let's play a game where rules will help us get across the room safely.

Tell kids to pretend that the floor is hot lava. Invite kids to share what they know about lava, if anything.

SAY: Lava is super-hot, like when your mommy has boiling hot water on the stove and she says "Don't touch!" This super-hot lava comes out of a big mountain called a volcano. Stepping in it would hurt your toes! Ouch! Let's play a game where we'll pretend that the floor is hot lava.

- Explain that everyone will start by standing on a spot at one side of the room.
- When you say "go," kids will move to the other side of the room by stepping only on the spots.
- If they step on the floor, they're in hot lava. Stepping in hot lava means they have to return to the beginning and start again.
- The game ends when everyone is across the room safely.
- Play additional rounds as time allows.

TALK ABOUT IT

SAY: This game had one rule—you could step *only* on the spots.

ASK: How did this rule keep you safe in our pretend game?

SAY: This was just a fun game. There's not really hot lava in our room. That's why we don't have to follow the game rules now that our game is over. But when we follow rules like holding Mommy's hand when we cross the street, it really is keeping us safe from dangerous cars.

The good rules that God gave us really keep us from getting hurt, too. God doesn't want us to get hurt. God loves us so much—that's why he gave us his good rules, called the Ten Commandments.

SUPPLIES

 small floor-covering "spots" (poly spot markers, carpet squares, or paper towels work well)

EASY PREP

 Spread out the spots around the playing space, close enough for kids to step on to cross the room.





Your small size is a real advantage in games like this, so kids don't have to wait for a crowd to clear out before they can have a turn to cross.

COLOR AND CREATE (10 MINUTES)



SUPPLIES

- "God Gives Ten Commandments" Coloring Page (page 15)
- crayons

Distribute the coloring pages and crayons.

SAY:

God doesn't want us to get hurt. He gave us 10 big rules to help us stay safe. He put them on big pieces of stone so everyone could remember them.

Allow time for kids to color.



God Gives Ten Commandments

Coloring Page



Exodus 20:1-21: After God's people escaped Egypt, he wanted to make sure they knew the best way to live so they wouldn't hurt themselves or each other. He gave them the Ten Commandments. These rules are God's best way for us, too! *God doesn't want us to get hurt*.



SUPPLIES

- blocks (at least 1 per child and 1 per adult)
- soft toys from around your room

PRAY WITH BLOCKS

SAY: Today we heard about special rules God made for us, called the Ten Commandments. We learned that they're good rules because they help keep us away from danger. God loves us so much, and he doesn't want us to get hurt. Let's ask God for his help with his special rules.

Lead kids to the block tower from earlier, or re-stack a few blocks.

SAY: The blocks helped us learn that God is the most important thing in our lives. He wants us to love him more than anyone or anything else.

Lead kids in a short prayer, asking God for help with loving him the most.

PRAY WITH KINDNESS

Ask kids to give one another high-fives.

SAY: We learned that God wants us to treat others kindly. He wants us to be loving to our friends, family, neighbors, and everyone we meet.

Lead kids in a short prayer, asking God for help with being kind and loving to others.

PRAY WITH SOFT TOYS

Give each child a soft toy to hold on to.

SAY: We learned that God wants us to be happy with the things we have.

Lead kids in a short prayer, asking God for help with being happy with the things we have. Then collect the toys.

SAY: God gave us these commandments because God doesn't want us to get hurt. God loves us so much! He wants only the best for us! Let's thank him for his great big love and how he protects us with his Ten Commandments.

PRAY: God, you love us so much, and you know what's best for us! Thank you for protecting us with the Ten Commandments. In Jesus' name, amen.



BONUS OPTION

EXPLORE MORE (10 MINUTES)



SAY: God doesn't want *any* of us to get hurt. That's why he gave us his good, special rules called the Ten Commandments. Some of God's rules help us know how to treat each other so that we don't hurt other people. In his good rules, God tells us not to steal from other people or lie to each other.

ASK: How does it hurt people when we steal from them? Help preschoolers with ideas if needed—for example, if we take someone's toy, he won't be able to play with it, or if we take someone's snack, she won't have a snack to eat.

ASK: How does it hurt people when we don't tell the truth? Help preschoolers with ideas if needed—for example, if a friend finds out we told a lie, he might have trouble believing us the next time.

SAY: When we take a toy or a snack that doesn't belong to us or when we don't tell the truth, we aren't being kind. Stealing and lying hurt other people's feelings. God doesn't want us to get hurt, and that's why he wants us to be kind to each other.

Hold up the paper-doll chain folded up.

SAY: God gives each of us lots of people who care for us—parents, grandparents, teachers, and friends!

Unfold the paper so preschoolers can see the multiple people connected.

SAY: God wants us to love and be kind to the people he gives us; he wants us to stay close and connected to them.

Refold the paper, and begin making cuts into the arms and legs of the folded person. While making cuts in the paper, continue talking.

SAY: When we steal or lie or disobey, we hurt our friendships with those people.

Try to unfold the paper again. The people figures will come apart and fall separately to the ground.

SAY: When we don't follow God's good rules, we hurt each other.

And God doesn't want us to get hurt.

Sometimes it can be hard to follow God's rules. Sometimes we hurt other people's feelings. But God's Son, Jesus, always forgives us, and he helps us follow God's rules better.

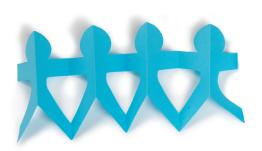


SUPPLIES

- sheet of 11x17 paper
- pencil
- · scissors

EASY PREP

• Make a paper-doll chain. Cut a sheet of 11x17 paper in half lengthwise so you have a 5½x17-inch piece. Fold the paper back and forth accordion-style. Then draw a person shape on the top layer of paper, making sure that the arms and legs extend all the way to the edges of the folded sheet. Cut out the figure and unfold for a chain of people with connected hands and feet.



Quick Tip

Have extra time? Ask kids to talk about people they feel connected to and how unkindness has hurt someone they love. This is a great opportunity to get to know your kids on a deeper level!

BONUS OPTION

SING TOGETHER (10 MINUTES)



SUPPLIES

- worship music
- media player

EASY PREP

• Download songs from the Digital Download Center.

Sing worship songs with your kids.



Spend 13 weeks diving into these exciting topics with your small group of preschoolers!

Trusting God						
1	God Gives Ten Commandments	Exodus 20:1-21	God doesn't want us to get hurt.			
2	God Sees Aaron Make an Idol	Exodus 32:1-29; 40:12-15	God loves us even when we go along with the crowd.			
3	God Gives Caleb Courage	Numbers 13:1- 14:9	God is bigger than our fears.			
4	God Makes a Donkey Talk	Numbers 22:21- 41	God wants to get our attention.			
Amazing Love						
5	Jesus Heals a Crippled Woman	Luke 13:10-17	Jesus does what's right— no matter what.			
6	Jesus Heals a Blind Man	John 9:1-41	Jesus has the power to heal.			
7	Jesus Claims to Be God's Son	John 10:22-42	Jesus is God's Son.			
8	The Lost Sheep and Lost Coin	Luke 15:1-10	Jesus looks for us.			
9	Parable of the Prodigal Son	Luke 15:11-32	Jesus loves us no matter what.			
The	The Sermon on the Mount: Following Jesus					
10	The Golden Rule	Matthew 7:12; 18:21-35	Treat others the way you want to be treated.			
11	The Narrow Gate	Matthew 7:13- 14; John 14:6	Jesus is the only way to heaven.			
12	True Disciples	Matthew 7:15- 23	Jesus' friends live like him.			
13	Firm Foundation	Matthew 7:24- 29	Following Jesus is the best way to live.			

With Two or More™, you can build relationships with preschoolers and engage in meaningful experiences whether you have two…or a few!





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